

# JANUARY 2023

## Middle School & High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL!	Cheese Quesadillas Refried Beans Choice of Fruit	4 Popcorn Chicken Dinner Roll Corn Choice of Fruit	5 Mini Corn Dogs Scalloped Potatoes Choice of Fruit	Pizza Hut - HS Pepperoni Pizza - MS Seasoned Broccoli Choice of Fruit
9 Mozzarella Cheese Sticks w/ Marinara Sauce Green Beans Choice of Fruit	10 French Toast Sticks Sausage Links Tater Tots Choice of Fruit	11 Chinese Takeout Day! Sweet & Sour Chicken Steamed Rice Seasoned Broccoli Choice of Fruit	Grinder / Bun Baked Beans Choice of Fruit	Pepperoni Pizza - HS Pizza Hut - MS Corn Choice of Fruit
NO SCHOOL!  Martin Luther King Day	17 Three Cheese Macaroni Garlic Toast Green Beans Choice of Fruit	Baked Potato Bar (Choose your toppings) Seasoned Broccoli Choice of Fruit	Bosco Sticks w/ Marinara Sauce Seasoned Peas Choice of Fruit	Deep Dish Pizza Mixed Vegetables Choice of Fruit
Pepperoni Calzone Corn Choice of Fruit	Mini Corn Dogs Baked Beans Choice of Fruit	Cheese Stuffed Breadsticks w/ Marinara Sauce Green Beans Choice of Fruit	26 Boneless Chicken Wings Celery Sticks Choice of Fruit	Cheese Pizza Cheesy Broccoli Choice of Fruit
Chicken Tenders Hot Rice Green Beans Choice of Fruit	31 Walking Taco w/ Doritos Refried Beans Choice of Fruit	1 Mozzarella Cheese Sticks w/ Marinara Sauce Romaine Salad Choice of Fruit	Popcorn Chicken Dinner Roll Mashed Potatoes Choice of Fruit	Pizza Hut - HS Pepperoni Pizza - MS Cheesy Broccoli Choice of Fruit

#### **Lunch Prices**

Student Lunch: \$3.25 Reduced: \$0.40 Extra Milk: \$.50 Adult Meal: \$4.15

Fat Free Chocolate, 1% white milk, & skim milk offered daily

### **Alternate Entrees offered**

DAILY:
PB&J Uncrustable
Specialty Salad
Deli Sandwich or Wrap

#### **Featuring DAILY Choices**

of:

Assortment of fresh fruit Romaine Side Salad Fresh Carrots

All lunches must include a fruit or vegetable.
Students must have a minimum of three components on their tray.

\*Menu is subject to change. Substitution of items may be necessary due to deliveries.

\*\*\*To view or add money to your child's account, go to

<u>www.payschoolscentral.com</u> and follow the instructions on how to set up an

Contact the Food Service Director @ 330-882.3291